

Karina Allen, Caloundra Clinic

Psychological Services - Client Information Sheet

The psychology practice

Karina has completed a Masters of Psychology (Clinical) at the University of the Sunshine Coast and has undertaken a program for clinical endorsement. Karina offers treatment to adults, adolescents and children.

Confidentiality & Privacy

When you attend therapy session with Karina certain relevant information about you will be obtained and kept on file in the clinic. This information includes your contact details, assessment material, session notes, treatment plan and information from other health professionals.

Psychologists have an ethical responsibility to ensure that your information is kept private and confidential and only your therapist will have access to this information.

Your information will not be released to others without your written consent. The only exceptions are,

- in the case of a legal subpoena,
- if you request a report for legal purposes,
- if there is a risk of harm to yourself or another person or
- if you have been referred under a Mental Health Treatment Plan, at the conclusion of 6 or 10 sessions a report is required for GP review.

Treatment

Before commencing treatment Karina will explain appropriate treatment methods and methods of assessment with you. Each session will be 50 minutes in duration.

You have the right to terminate treatment at any time. It is recommended that if you decide to terminate treatment you discuss this with Karina first, if possible.

Payment

Each session is charged at \$175. For clients with a GP Mental Health Care Plan, a Medicare rebate of \$124.50 will be available after each session. This results in an out of pocket expense of \$50.50 per session.

A reduced out of pocket fee of \$30.50 per session is available for clients who are experiencing financial hardship (have a combined annual household income of less than \$45,000).

If you require a report, written correspondence or other detailed documentation (other than communication to the referring GP) a minimum fee of \$50 will be incurred. The maximum fee will depend on the nature of the documentation required.

Cancellation Policy

If you are not able to attend an appointment, as much advance notice as possible is always appreciated. Please be aware that *you will never be charged for a cancellation if it is made more than 24 hours in advance of your scheduled appointment time. Less than 24 hours notice will incur a full session fee or under extenuating circumstances a gap fee payment.*

Notifying Karina of your intention to cancel or reschedule 24 hours in advance gives her an opportunity to schedule someone on a waiting list for that time slot.

If you miss an appointment without providing 24 hours notice it is illegal for the psychologist to bill Medicare for the appointment, so unfortunately you will have to pay the full fee for the missed session out-of-pocket.

Arriving Late

Karina will wait for 15 minutes after which she will assume you are not coming and may leave the office.

Further Information

If you have any further questions please feel free to ask Karina.

Information about the practice of psychology in Australia can be found at the Australian Health Practitioner Regulation Agency website or the Australian Psychological Society website:

www.ahpra.gov.au

www.psychology.org.au